



# One Month Logbook

Tuesday April 03, 2012 - Friday May 04, 2012



DATE	12AM – 10AM				10AM – 3PM				3PM – 9PM				9PM – 12AM								
	Time	Before Meal	After Meal	No Tag	Carbs(g)/ Insulin(u)	Time	Before Meal	After Meal	No Tag	Carbs(g)/ Insulin(u)	Time	Before Meal	After Meal	No Tag	Carbs(g)/ Insulin(u)	Time	Before Meal	After Meal	No Tag	Carbs(g)/ Insulin(u)	
Fri 05/04	8:29 AM	164			-/-	10:15 AM		92		1/1											
Thu 05/03	1:36 AM	100			-/-						3:16 PM		76		-/-	10:14 PM		89			-/-
	8:14 AM	125			-/-						5:31 PM	59			-/-	11:22 PM		113			-/-
											7:06 PM	77			-/-						
Wed 05/02											8:36 PM		49		-/-						
	1:32 AM		90		-/-						7:35 PM	114			-/-						
	1:33 AM		90		-/-						8:04 PM		84		-/-						
Tue 05/01	8:03 AM	73			-/-						8:49 PM		40		-/-						
	5:30 AM	139			-/-	10:17 AM		170		-/-	3:59 PM		122		-/-						
						11:41 AM	139			-/-	6:54 PM	52			-/-						
Mon 04/30						1:02 PM	124			-/-	8:39 PM		103		-/-						
	8:26 AM	71			-/-						5:37 PM		152		-/-	11:43 PM		60			-/-
											6:27 PM	146			-/-						
Sun 04/29						8:15 PM					88				-/-						
	2:54 AM		296		-/-	2:32 PM	115			-/-											
	1:21 AM		185		-/-						5:42 PM	122			-/-						
Fri 04/27	12:16 AM	48			-/-	1:37 PM		190		-/-	7:12 PM	45			-/-						
	1:13 AM		95		-/-	1:46 PM		182		-/-											
	8:29 AM	106			-/-																
Thu 04/26	2:51 AM		154		-/-	2:30 PM		114		-/-	4:26 PM		95		-/-						
	9:00 AM	50			-/-						5:16 PM	103			-/-						
											5:58 PM	141			-/-						
Wed 04/25						5:59 PM	125			-/-											
	9:01 AM	103			-/-	12:45 PM		177		-/-											
	5:53 AM	93			-/-						5:32 PM	282			-/-						
Mon 04/23											3:24 PM	243			-/-						
											4:37 PM	291			-/-						
Sun 04/22	8:55 AM	175			-/-	11:32 AM		106		-/-	6:22 PM	186			-/-						
						1:56 PM	56			-/-											
						1:57 PM	53			-/-											
Sat 04/21	8:15 AM	206			-/-										9:46 PM		73			-/-	



